

# Member Resources

## Member's mybluecross®

Members with active coverage can create a mybluecross account at [mb.bluecross.ca](http://mb.bluecross.ca) which they can use to access plan information anytime, anywhere.

Based on their plan, members can also:

- submit claims online.
- view coverage and claim payments.
- confirm remaining balance on benefits.
- sign up for direct deposit to receive claim payments directly into their bank account.
- check benefit eligibility and find out what they need to submit a claim.
- check the status of a claim and view claim history.
- submit supporting documents.
- print or request an ID card.
- view vision eligibility.
- learn about eligible savings through our Blue Advantage® program.
- access My Good Health®, our exclusive online health resource.

## mybluecross® mobile



*Life, Travel, EAP and HSA only plans are not accessible through the app. Members must register for a mybluecross account to log into the app.*

Members can manage their plans on the go with our mybluecross companion app.

With our free mobile app, members can:

- submit claims on the go for prescription drugs, vision and extended health services.
- check the status of their claims.
- view and search for past claims.
- upload pictures of their receipts.
- update their direct deposit information.
- check their Health Spending Account (HSA) credit activity.
- view their payment history.
- find Travel Assistance and Employee Assistance Program (EAP) contact information.

## My Good Health®

My Good Health is an online resource providing comprehensive health information, a health risk assessment tool and individually tailored programs to support members on the road toward better health.

The following resources are available to members through their mybluecross account:

- A complete Health Risk Assessment tool
- Comprehensive health information on medications and natural health products
- Detailed explanations of conditions, diseases, medical tests and procedures
- Sophisticated, interactive and individually-tailored programs
- A community support directory
- Monthly e-newsletters
- Interactive health calculators
- Guides and screening tools

## Blue Advantage®

Discover the savings available to members through our Blue Advantage program. Members receive deals on medical, vision and a variety of other products and services offered by participating service providers across Canada, regardless if the item is covered under the benefit plan.

### How does it work?

It's easy. Members sign into mybluecross or go to [blueadvantage.ca](http://blueadvantage.ca) to check out the complete list of participating service providers and eligible savings.\* When paying for the product or service, members simply present their Manitoba Blue Cross ID card, mention the Blue Advantage program and enjoy the savings!

*\*The list of providers and types of savings available are subject to change without notice.*